

Supplemental material

Survey Questions

1. You were last evaluated at [our institution] on ____ for your left/right/both thumbs. Since that time have you sought treatment for your thumb anywhere else? If yes, did you have surgery on your thumb?
2. Right now, what is the level of pain in your thumb on a scale of 0 to 10, with 0 being no pain and 10 being the worst pain you've ever experienced in your life?
3. In the past week, has your thumb pain interfered with activities of daily living, such as brushing your teeth, buttoning your clothes, cooking, or eating?
4. Is your pain severe enough that you would consider seeing a doctor again?
5. Are you currently using a splint for your thumb pain?

Supplemental material Table S1

Table S1. Eaton and Littler Classification of Trapeziometacarpal arthritis

Stage I: Slight joint space widening (pre-arthritis)
Stage II: Slight narrowing of TM joint with sclerosis; osteophytes < 2 mm
Stage III: Marked narrowing of TM joint; osteophytes > 2 mm
Stage IV: Pantrapezial arthritis